

Having trouble viewing this email? [Click here](#)

You are receiving this email because you are a member of The Virginia Region Pony Clubs. Don't forget to add VirginiaRegionPC@gmail.com to your address book so we'll be sure to land in your inbox! If you would like to add an email address to this subscription, please let us know. If you would like to submit an item for inclusion to a newsletter, please email Cindy Shelberg at cshelberg@gmail.com by the 28th of the month.

You may [unsubscribe](#) if you no longer wish to receive our emails.



November/December 2014

VRPC News

In This Issue...

[Membership Renewals](#)

[Fall Rally Results](#)

[Family Tree](#)

[Annual Meeting News](#)

[Horsemasters 2015](#)

[Every Member Should Know...](#)

[Article Headline](#)

Quick Links

[VRPC Website](#)

[USPC Website](#)

[VRPC Calendar](#)

[VRPC FaceBook](#)

[VRPC Twitter](#)



**2014 VRPC
Calendar**

The VRPC Calendar is available on the [VRPC Website](#).

Greetings From The RS

It's hard to believe it is already November and our last rally of the year is behind us! Thank you to Jennifer Carpenter and her team at Casanova Warrenton Pony Club for putting on a great Qualifying Games Rally! We were chilly but everyone had a "scary" fun!

The Virginia Region will hold its USPC required Annual Regional Council meeting this Saturday in the John Barton Payne Room in Old Town Warrenton. All VRPC members and parents, including our Horsemasters', are welcome to attend. Your club DCs, CAs, Regional Council Leaders, are required to attend or send a representative. The agenda includes a review of 2014 activities, setting the calendar for 2015 activities and the election of new region officers. If you plan to attend, bring a lunch dish to share! The meeting begins at 9 am and usually ends by 4 pm.

Your VRPC News is taking a break in December! Please be sure to watch your email for information about the Upper Level Prep clinic in January as well as more information about the USPC Annual Meeting!

We'll see you again in January.

We wish all of our friends and families a wonderful holiday.

The Pony Club Family Tree
submitted by Jennifer Carpenter

Note that dates are subject to change. Please check the calendar often for updates.

November 2014

Sat Nov 1
Games Rally @
Great Meadow,
The Plains, VA

Sat Nov 8
VRPC Annual Council
Meeting @ John Barton
Payne Meeting Room,
Warrenton, VA

Sun Nov 16
Autumn Adult Trail Ride
@ Serene Acres Riding
Center, Berryville, VA

January 2015

Jan 21 - 25
USPC Annual Meeting
Hyatt Regency @
Crystal City, VA

Do you have an item
for our newsletter?
Email [Cindy Shelberg](mailto:Cindy.Shelberg@gmail.com)
at
cshelberg@gmail.com
by the 28th of the
month prior to
publication.

2015 Membership Renewals

Your club or center will be contacting you soon about your membership renewal. VRPC will assess a **\$10 late fee** for any renewals received after the USPC and **VRPC deadline of Nov 15, 2014**. VRPC



Is Pony Club in your family? Was mom or dad a member or leader before the formation of regions?

Virginia and Capital Regions are putting together a Pony Club Family Tree for the annual meeting in January. Pony Club families overlap clubs and regions here in the MD, DC, VA and beyond. We want to share the legacy in the form of a real family tree.

Members, parents, alumni, friends are asked to share their knowledge of pony club families by completing a questionnaire and sharing real (or electronic picture) keepsake small photos or trinkets like pins, patches to be assembled and displayed on an ornamental family tree in a common area of the USPC annual meeting in January.

An on-line questionnaire will be available soon and distributed to our current membership, a USPC local member database, and to share with your pony club family and friends. The information will be compiled in to a decorative ornament format with the names, relations, clubs and quote and a photo or keepsakes.

We need hands on help collecting the family names and information, organizing and editing the data, and making the ornaments. If you would like to participate in this project, contact cwpcdc@gmail.com or tell your family story when the questionnaire becomes available.

USPC 2015 Annual Meeting Workshops

dues have remained \$20 for many years. Please help us keep them low by renewing promptly!

Fall Rally Results

Rally results are posted on [the VRPC website](#) for Tetrathlon and D1/D2 Rallies. Games Rally results will be posted soon.

USPC has announced the workshops for the January 2015 Annual Meeting in Crystal City, VA. Check out the many topics available for leaders, parents & riders, as well as your favorite discipline! Prices go up after November 15th - [register now!](#)



Parent Suggested Track

A Bit About Bits
Ask the NE: How to Best Prepare for your Upper Level Certification
Carbohydrates-Understanding Starch and Sugar
Feeding To Improve Immunity
Horse Management in Real Life
International Exchange
Riding Testing Expectations and explanation of terms C-3 - A Certifications
Riding Testing Expectations and explanation of terms D-1 - C-2 Certifications

Rising Rider Suggested Track

2015 Horse Management Handbook and Rules for Rallies
A Bit About Bits
D-1 - H-B Health/Maintenance Records
E.90.EQ - Equestrian Fitness Bootcamp
Effective Aids & Position
Feeding To Improve Immunity
Horse Management in Real Life
Pressure Proof - Rider Sport Psychology
Riding Testing Expectations and explanation of terms C-3 - A Certifications
Riding Testing Expectations and explanation of terms D-1 - C-2 Certifications
SOP Jeopardy

Upper Level Suggested Track

2015 Horse Management Handbook and Rules for Rallies
Ask the NE: How to Best Prepare for your Upper Level Certification
Bandaging for the C-3, B & H-A
C-3 - A Dressage Standards
Conditioning Plans - Success for the H-B
E.90.EQ - Equestrian Fitness Bootcamp
Effective Aids & Position
Feeding To Improve Immunity
Horse Management in Real Life
International Exchange
Longeing Expectations - C-3, B & H-A - Traditional, Dressage and Show Jump Certifications

Pressure Proof - Rider Sport Psychology
Riding Testing Expectations and explanation of terms C-3 -
A Certification
Visiting Instruction

Dressage

Dressage Musical Freestyles: How to Choreograph and
select music for a successful Musical
Dressage Musical Freestyles: How to Create Professional
Sounding Musicals

Eventing

Conditioning Your Horse
The Vet Box

Foxhunting

Fox Hunting Neckwear (When to wear it and How to tie it)
Introduction to Fox Hunting

Games

Making Games Equipment

Check online for additional information and workshop
tracks available at the [USPC 2015 Annual Meeting](#).

Horsemasters in 2015



The VRPC Horsemasters met recently for a potluck supper at Carolyn Lorenzen's home to discuss plans for 2015. We decided that we also wanted to put together a trail ride for Sunday, November 16th from Serene Acres Riding Center in Berryville. All over 18 are welcomed to come out and ride with us. You don't have to be a member of pony club! Details can be found on [our website](#) or [FaceBook event](#).

Plans for 2015 include our first HMX certification in April and a prep for that certification in March; Twilight Jumpers in June or July; Intro to Foxhunting in August; possibly a polo lesson in September; and another trail ride in October. We also discussed attending the Horsemasters track at the USPC Annual Meeting in January and rallies in

neighboring regions.

A few of our members have enjoyed joining club lesson groups and volunteering at rallies and certifications. Interest is growing in the region for Horsemasters and we're excited for a fun, educational 2015.

If you're interested in Horsemasters in Virginia Region, visit [our website](#) or contact Perri Green at perriwgreen@gmail.com.

Every Member Should Know...

This month starts our "Every Member Should Know..." article with little tidbits about that unique animal called pony club. Check it out each month and see if you know everything we should...



This month's tidbit is...all members and their parents are invited to join any of the USPC free weekly webinars. Topics vary each week and cover a broad range of educational information. Past topics include: Protecting Our Equine Spaces, Setting up Your Stable Area at Festival, Evaluating the Dressage Test at a National Level Certification, and What is Horse Management.

[Get more information](#) and sign up for a webinar today or view past webinars. Upcoming webinars include: Growing Your Club/Center/Group, Getting Ready to Lounge, and Conditioning Your Sport Horse.

2015 Inter-Pacific Exchange News

Entries are now open! In 2015, Canada will host the Inter-Pacific Exchange (IPE), which rotates between the US, Canada, Hong Kong, New Zealand and Australia. The tentative dates for the Inter-Pacific Exchange to Canada are July 31-Aug. 17, 2015.



To qualify for the USPC Inter-Pacific International Team the member must be between 17 and 21 years of age on Jan 1, 2015, with a minimum rating of B at time of application. The International Team consists of the top four. The

Selection Panel determines the team using information in the applications and recommendations. The Selection Panel will consider a candidate's ambassadorial attributes as well as the riding, riding on borrowed horses and teamwork abilities of each candidate. The International Team will join teams from Australia, Canada, Hong Kong, and New Zealand. The exchange runs July 31-Aug. 17, 2015. Please note international travel may require additional days for travel and training before departure.

If you want to participate, time is running out! **The application deadline for 2015 Inter-Pacific Exchange is November 15, 2014!**

You can read all about last year's IPE team's experience in Australia [here](#). For more information and to apply please visit the [2015 Inter-Pacific Exchange page](#).

That's all for now! I hope to see you at our Regional Council Meeting on November 8th!

Sincerely,

Carolyn Lorenzen, RS
The Virginia Region Pony Clubs

[Forward this email](#)



This email was sent to bellingerdr@gmail.com by virginiaregionpc@gmail.com | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



Try it FREE today.

The Virginia Region Pony Clubs | 229 Alpine Drive, SE | Leesburg | VA | 20175